

# NATD

National Association of Teachers of Dancing

## FREESTYLE MEDALLIST OF THE YEAR COMPETITION RULES

Version 3



**EFFECTIVE FROM 6th MARCH, 2023**

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Founded 1906

**NATD**

**National Association of Teachers of Dancing**

**FREESTYLE MEDALLIST OF THE YEAR 2023**

**F O R E W O R D**

The NATD are very proud to introduce a brand new event into their annual program. It gives me great pleasure to introduce our first Freestyle Medallist of the Year Competition. This is a competition for students who take their Freestyle dancing medals and awards with this great association.

The NATD thank all competitors together with their teachers who have taken great care in training their pupils to a very high standard so that they can take part in this event.

The NATD has a very robust Freestyle syllabus for all teachers and their pupils to follow as they prepare for this event. The Committee are keen that all dancers dance within the competition rules and also within the criteria that is laid down in the syllabus. However, to allow for freedom of expression and movement the NATD Freestyle Medallist of the Year Committee are for the first time running this competition with as few rules as possible so that it makes it easy for the teachers and their pupils to take part.

I pay particular tribute to the Freestyle Committee and those that they co-opted on to the Freestyle Medallist of the Year Sub Committee, these are the people within our Association who have made this event possible. I look forward to watching this event grow in terms of numbers and gravitas with in the Freestyle competition world.



Kevin Page  
Chief Executive Officer

## ENTRY CONDITIONS AND RULES

**a. All competitors MUST be NATD Medallists and have taken a full Freestyle medal or graded examination during the 18 months prior to the event. For clarity the full Freestyle medal must have been taken between 1<sup>st</sup> September 2021 and 31<sup>st</sup> March 2023.**

- i) Annual Performance Awards are “NOT” considered to be a full medal unless medals above Gold have been achieved.
- ii) A One Dance Test is not classed as a full Freestyle exam, the only exception being PSDT 1
- iii) Those having taken a Freestyle Graded examination will be able to compete in the following sections:

Grade 1 & 2	Pre Bronze
Grade 3	Bronze
Grade 4	Silver
Grade 5	Gold
Grade 6 & Intermediate	Above Gold
- iv) No acrobatics or gymnastics are permitted in any rounds including the final round. These restrictions do not apply to solo spots. example- cartwheels etc

**b. None Competitors are those who:**

- i) Have never danced in an Open Competition
- ii) Have not been registered with the ADFP/BDC (Freestyle Rules Committee) for the last 3 years

**c. Loss of Amateur Status. (a) A competitor’s amateur status will be deemed lost if:**

- i) Accepts remuneration in cash for the use of their name as a dancer in an advertisement.
- ii) Declares themselves to be a professional.
- iii) Passes a teaching entrance examination of any branches of an examining teacher organisation.
- iv) Acts as a teacher of dancing, with or without a fee, unless under the supervision of a qualified professional.
- v) Organises dance events for profit.

**d. Competitors must dance in the competition that represents the highest grade they have achieved with the NATD or any other association in their age section.**

- i) Competitors MUST dance in their age group – meaning the age that they are on the day of the competition

**e. Competition Dress**

- i) All Sections – No restrictions
- ii) No footwear is permitted for the Freestyle events. Trainers or appropriate dance footwear is required for the Rock n Roll events.

**f. Changing Schools**

- i) If after taking a medal a pupil changes school, they will be required to take an exams with the new school and to re-enter under that schools’ name.

- ii) There may be some exceptions, but these would require the agreement of both Principals of the schools involved.

**g. Couples Events (Including Rock n Roll)**

- i) Couples must dance in the age group of the oldest dancer.

**h. Team Events**

- i) Minimum number of dancers in team 6, maximum 16.
- ii) Minimum time 1 minute 30 seconds, maximum 3 minutes.
- iii) The team must dance in the age group of the oldest dance.