

Special Assistance Ballroom

Event Number	Grade	Dance
SA1	Juvenile Under 12 Years	Quickstep
SA2	Junior Under 16 Years	Quickstep
SA3	Adult 16 Years & Over	Quickstep

Juvenile Ballroom

Follower	Leader	Grade	Dance
1	2	Rainbow Under 6 Years	Tango
3	4	Rainbow Under 8 Years	Tango
5	6	Juvenile PSDT Ex-Rainbow	Quickstep
7	8	Juvenile PSDT Under 10	Quickstep
9	10	Juvenile PSDT 10 & 11	Quickstep
11	12	Juvenile Pre-Bronze	Quickstep
13	14	Juvenile Bronze	Tango
15	16	Juvenile Silver	Waltz
17	18	Juvenile Gold & Above	Waltz

Junior Ballroom

Follower	Leader	Grade	Dance
37	38	Junior PSDT	Quickstep
39	40	Junior Pre-Bronze	Quickstep
41	42	Junior Bronze	Foxtrot
43	44	Junior Bronze Ex-Juvenile	Foxtrot
45	46	Junior Silver	Tango
47	48	Junior Gold	Quickstep
49	50	Junior Gold Cross & Bar	Waltz
51	52	Junior National Awards	Waltz

16 – 21 Years Ballroom

Follower	Leader	Grade	Dance
69	70	Pre-Bronze	Quickstep
71	72	Bronze	Foxtrot
73	74	Bronze Ex-Junior	Foxtrot
75	76	Silver	Tango
77	78	Gold	Quickstep
79	80	Gold Cross & Bar	Waltz
81	82	National Awards	Waltz

22 – 34 Years Ballroom

Follower	Leader	Grade	Dance
97	98	Pre-Bronze	Quickstep
99	100	Bronze	Foxtrot
101	102	Silver	Tango
103	104	Gold	Quickstep
105	106	Gold Cross & Bar	Waltz
107	108	National Awards	Waltz

35 – 49 Years Ballroom

Follower	Leader	Grade	Dance
121	122	Pre-Bronze	Quickstep
123	124	Bronze	Foxtrot
125	126	Silver	Tango
127	128	Gold	Quickstep
129	130	Gold Cross & Bar	Waltz
131	132	National Awards	Waltz

50 – 64 Years Ballroom

Follower	Leader	Grade	Dance
145	146	Pre-Bronze	Quickstep
147	148	Bronze	Foxtrot
149	150	Silver	Tango
151	152	Gold	Quickstep
153	154	Gold Cross & Bar	Waltz
155	156	National Awards	Waltz

65 – 74 Years Ballroom

Follower	Leader	Grade	Dance
169	170	Up to & Including Bronze	Waltz
171	172	Silver & Gold	Quickstep
173	174	Above Gold	Tango

75 Years & Over Ballroom

Follower	Leader	Grade	Dance
181	182	All Grades	Foxtrot

Special Assistance Latin

Event Number	Grade	Dance
SA4	Juvenile Under 12 Years	Rumba
SA5	Junior Under 16 Years	Rumba
SA6	Adult 16 Years & Over	Rumba

Juvenile Latin

Follower	Leader	Grade	Dance
19	20	Rainbow Under 6 Years	CCC
21	22	Rainbow Under 8 Years	CCC
23	24	Juvenile PSDT Ex-Rainbow	Rumba
25	26	Juvenile PSDT Under 10	Rumba
27	28	Juvenile PSDT 10 & 11	Jive
29	30	Juvenile Pre-Bronze	Jive
31	32	Juvenile Bronze	Samba
33	34	Juvenile Silver	Samba
35	36	Juvenile Gold & Above	CCC

Junior Latin

Follower	Leader	Grade	Dance
53	54	Junior PSDT	CCC
55	56	Junior Pre-Bronze	CCC
57	58	Junior Bronze	Jive
59	60	Junior Bronze Ex-Juvenile	Jive
61	62	Junior Silver	Samba
63	64	Junior Gold	Samba
65	66	Junior Gold Cross & Bar	Rumba
67	68	Junior National Awards	CCC

16 – 21 Years Latin

Follower	Leader	Grade	Dance
83	84	Pre-Bronze	CCC
85	86	Bronze	Jive
87	88	Bronze Ex-Junior	Jive
89	90	Silver	Samba
91	92	Gold	Samba
93	94	Gold Cross & Bar	Rumba
95	96	National Awards	CCC

22 – 34 Years Latin

Follower	Leader	Grade	Dance
109	110	Pre-Bronze	CCC
111	112	Bronze	Jive
113	114	Silver	Samba
115	116	Gold	Samba
117	118	Gold Cross & Bar	Rumba
119	120	National Awards	CCC

35 – 49 Years Latin

Follower	Leader	Grade	Dance
133	134	Pre-Bronze	CCC
135	136	Bronze	Jive
137	138	Silver	Samba
139	140	Gold	Samba
141	142	Gold Cross & Bar	Rumba
143	144	National Awards	CCC

50 – 64 Years Latin

Follower	Leader	Grade	Dance
157	158	Pre-Bronze	CCC
159	160	Bronze	Jive
161	162	Silver	Samba
163	164	Gold	Samba
165	166	Gold Cross & Bar	Rumba
167	168	National Awards	CCC

65 – 74 Years Latin

Follower	Leader	Grade	Dance
175	176	Up to & Including Bronze	Samba
177	178	Silver & Gold	CCC
179	180	Above Gold	Jive

75 Years & Over Latin

Follower	Leader	Grade	Dance
183	184	All Grades	Rumba

NATD Anglian Area Qualifying Competition for NATD Medallist of the Year Grand Finals 2027

Goals Ipswich, Suffolk New College, College Drive of Grimwade Street, Ipswich, IP4 1LT

Doors Open: 8:15AM

Juvenile: 9:00AM
Ballroom

Junior: TBC
Latin

Adult: TBC
Ballroom

Tickets: £20.00

Ballroom Couples

Event Number	Event	Dance
201	Under 8 Years	Waltz
202	Juvenile Up To & Including Bronze	Waltz
203	Juvenile Silver & Above	Quickstep
204	Junior Up To & Including Bronze	Tango
205	Junior Silver & Gold	Waltz
206	Junior Above Gold	Foxtrot
207	Under 40 Years Up To & Including Bronze	Tango
208	Under 40 Years Silver & Gold	Waltz
209	Under 40 Years Above Gold	Foxtrot
210	Over 40 Years Up To & Including Bronze	Tango
211	Over 40 Years Silver & Gold	Waltz
212	Over 40 Years Above Gold	Foxtrot

Latin Couples

Event Number	Event	Dance
213	Under 8 Years	Rumba
214	Juvenile Up To & Including Bronze	CCC
215	Juvenile Silver & Above	Jive
216	Junior Up To & Including Bronze	Rumba
217	Junior Silver & Gold	Jive
218	Junior Above Gold	Samba
219	Under 40 Years Up To & Including Bronze	Rumba
220	Under 40 Years Silver & Gold	Jive
221	Under 40 Years Above Gold	Samba
222	Over 40 Years Up To & Including Bronze	Rumba
223	Over 40 Years Silver & Gold	Jive
224	Over 40 Years Above Gold	Samba

Juvenile Dancing with a Junior Open Event

Number	Event	Dance
300	Juvenile Dancing with a Junior (Open Syllabus, no lifts) Juniors may dance with more than one partner. Juveniles must wear the number. <u>PLEASE NOTE: THIS EVENT IS TIME PERMITTING</u>	Paso-Doble

New for 2026

Anglian Area Solo Events

Solo Ballroom

Event Number	Event	Dance
301	Juvenile Under 8 Years (Restricted Syllabus)	W / T
302	Juvenile Under 12 Years (Restricted Syllabus)	W / T
303	Junior Under 16 Years	W / T
304	Adult 16 – 21 Years	W / T
305	Adult 22 – 34 Years	W / T
306	Adult 35 Years & Over	W / T

Solo Latin

Event Number	Event	Dance
307	Juvenile Under 8 Years (Restricted Syllabus)	C / J
308	Juvenile Under 12 Years (Restricted Syllabus)	C / J
309	Junior Under 16 Years	C / J
310	Adult 16 – 21 Years	C / J
311	Adult 22 – 34 Years	C / J
312	Adult 35 Years & Over	C / J

Anglian Area Solo Rules:

1. Competitors may only dance in one solo category in each genre.
2. Competitors will only dance one dance each round, including the final. The dances will alternate each round.
3. All Juvenile events are restricted up to and including fellowship figures. All other categories are unrestricted.
4. Solo events (same as couples) are not MOY qualifying events.

